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(no subject)

1 message

Alexis Stratton <alexisstrattoneditor@gmail.com>

Tue, Jan 28, 2025 at 9:25 AM

To: stansanderson1@gmail.com

Dear Stan Sanderson,

The Spiritual Coach: When You Find out Who You Really Are. You'll Find What You've Been Looking For is a truly enlightening and transformative read. From the outset, you provide a clear, compassionate, and practical roadmap for anyone seeking deeper meaning and fulfillment in life. Your insight into the idea of "living the big lie"—believing that career success and material possessions will bring happiness—resonates deeply. It's a powerful reminder that the pursuit of external achievements often leaves us feeling empty, no matter how much we accumulate.

The way you frame the search for happiness and fulfillment as a spiritual journey is both refreshing and profound. As you guide readers through the Spiritual Coach Program, the seven concepts and strategies you outline provide clear steps for uncovering the joy, freedom, and peace that are already within us. I particularly appreciate how you emphasize that true happiness isn't a result of acquiring more, but of rediscovering the innate gifts and spiritual wisdom we've been endowed with from the start.

The structure of the book is both accessible and inspiring, making the concepts easy to understand and apply in everyday life. Whether one is just beginning to explore their spiritual journey or looking for a deeper connection, your program offers valuable tools for anyone seeking more than just material success. The balance of personal reflection, practical advice, and spiritual wisdom makes this a valuable resource for those seeking a more authentic and fulfilling life.

Your ability to connect the spiritual quest with real-world concerns—especially the feeling of something missing, even in the best years of life—makes *The Spiritual Coach* not just a book, but a guide to personal and spiritual transformation. It's an invitation to embark on a journey that, while deeply personal, holds the potential to bring profound fulfillment and joy.

Thank you for sharing your wisdom with the world. This book will undoubtedly help many find the peace and happiness they've been seeking.

Warmly,
Alexis Stratton